

Hornby Laithe ~ Stainforth ~ Settle ~ North Yorkshire ~ BD24 9PB ~ 01729 824455

Dates for all these courses can be found at the end of this page. You can book and pay online. If you prefer you can email or phone us with the course you require and pay by cheque or card over the telephone. New dates will be added so watch the website for news. If you have a group of 4 or more people wishing to do any of our courses we can arrange a date specifically for you.

SRT WORKSHOPS

Short workshop for cavers to come for some advice on optimising their SRT kit for themselves for efficiency as well as practicing their techniques with very experienced caving instructors on hand for advice.

The session is at our NEW Training Barn at Stainforth near to Settle using the SRT low and high platforms, traversing high and low bars and rigging bar.

This is a 3 1/2 hour session

9.00 am to 12.30 pm

Round Robin of tasks to help you improve your techniques

What you need to bring:

Your normal caving clothing and SRT kit, we prefer you to wear your caving clothing along with your helmet

DATES of SESSIONS

19VW	SRT Workshop	Saturday 22 nd October 2011	9.00am – 12.30pm	£15.00
20VW	SRT Workshop	Saturday 22 nd October 2011	1.00pm – 4.30pm	£15.00
21VW	SRT Workshop	Saturday 11 th February 2012	9.00am – 12.30pm	£15.00
22VW	SRT Workshop	Sunday 12 th February 2012	9.00am – 12.30pm	£15.00
23VW	SRT Workshop	Sunday 22 nd April 2012	9.00am – 12.30pm	£15.00



VAT No: 856 3133 25

Registered to provide activities under the following headings:
 Caving, Hill Walking & Mountaineering, Gorge Scrambling.
 Abseiling & Rock Climbing.
 Registration number L8365/R0337